

# **Mt. Hood League Fall League Guidelines**

Thank you for your participation in the Mt. Hood League Fall League. This packet of information along with our website is meant to be a resource for all coaches, parents, and players to answer any questions you may have regarding the league. We look forward to providing the best fall baseball experience.

## **SCHEDULE**

All games are scheduled for Sundays. Teams will play 2 games every Sunday. The home team is shaded on the schedule. The team supplying the baseballs has a \* next to their team name. Mt. Hood League will supply 3 balls per game. The home and visitor teams will switch between games, but there is no need to change dugouts.

Each team will play 10 regular season games. If everything stays dry, we will play a single elimination tournament on the 6th Sunday. If we have two or more weekends washed out, we will use the 6th week of play for makeups so everyone can get a minimum of 10 games.

## **RAINOUTS**

Mt. Hood League will do everything possible to ensure that all scheduled games are played. To that extent, we have developed the following rainout procedures:

1. A field is deemed unplayable 2 1/2 hours prior to start time on Sunday morning. Host team should contact Mt. Hood League officials to communicate that the field is unplayable. If you know on Friday or Saturday, please let us know in advance so we can let everyone know early and try to secure another field. Text, Email, Call in that order. We must know prior to two hours to start time to communicate with umpires without getting charged.
2. A game stopped in progress by rain. The following procedure will take place:
  - a. The umpires foremost with input from host field coaches will determine the length of the delay and the possibility of resuming the game. Games lasting 5 innings are considered a complete game.
3. Contact - mthoodbaseballleague@gmail.com

ALL GAME CHANGES WILL BE POSTED AT [WWW.MTHOODLEAGUE.COM](http://WWW.MTHOODLEAGUE.COM) ON THE FALL BALL NEWS PAGE BY 9:00 AM ON SUNDAY. BE SURE TO CHECK THE WEBSITE BEFORE LEAVING FOR YOUR GAME. CHANGES WILL ALSO BE POSTED ON THE MT. HOOD LEAGUE TWITTER ACCOUNT @MTHOODLEAGUE. PLEASE ADVISE YOUR PARENTS AND PLAYERS OF THESE COMMUNICATION METHODS.

## **MAKEUP GAMES**

It is the responsibility of the coaches to arrange a time and location to play games that have been rained out. If another time and location is agreed upon, Mt. Hood League will order umpires for your game. We need at least 72 hours notice to get the umpires. You must obtain approval before using any field that is not your own. If you have issues with field availability please let us know and we can help you get on a field.

## **REFUNDS**

Fall baseball in the Northwest has an implied risk of games being rained out. To that extent, Mt. Hood League has the following refund/rainout policies. If one week is rained out, we will not issue a refund as you should be able to schedule a makeup. If more than one week of games is rained out, we will turn the 6th week into doubleheaders instead of a single elimination tournament. The league as a whole will not be extended additional weeks. But if a team is still short of 10 games, we will help facilitate fields and umpires for the 7th week.

## GAME SCOREKEEPING

All teams will use GameChanger during the fall. This will allow for real time score updates and final score reporting for the standings. Standings will be updated Sunday evening. Social media posts with scores and players of the game will go out on Mondays. Please name your team as follows: "Team Name Fall 2024".

## GUIDELINES

1. All high school and junior league games will be 7 innings or a 2 hour drop dead time limit.
2. A 10 run rule will be invoked after 5 innings. If the ten run rule is invoked, the game score will be reported as final at that time and the game will continue until the time limit or 7 innings. Coaches should use this time to play guys that didn't get a lot of playing time, play guys at different positions, and give different pitchers opportunities to pitch. Please do not use this opportunity to run up the score.
3. Wood or BBCOR bats will be used for all high school divisions. 14U divisions can swing -5 or -3. 12U divisions can swing any USSSA bat.
4. Courtesy runners can be used for catchers with 2 outs only. Anybody can run. Have the runner ready.
5. Team can either bat 9, 10 with an EH or the entire lineup.
6. We will be utilizing an unlimited substitution policy. Players can be interchanged at any time during the game. Players must be inserted back into their original position in the batting order if only batting 9 or 10.
7. It is important that all players have an equal opportunity to play during the course of each week of play.
8. There is a 60 pitch limit for all fall ball pitchers. Players are not permitted to pitch twice in same day.
9. Remember that fall ball is a time of player development. Please use this season to develop all the players on your roster and stress instruction over result.

## SPEED UP RULES

1. A 20 second time clock will be invoked between every pitch.
2. Each team will be given 90 seconds between innings.
3. After each out, the ball will be returned immediately to the pitcher.

Coaches, please explain these rules to your team prior to the first game. Umpires are instructed to enforce these rules. The guidelines and rules are in place to keep the games moving at fast pace while making the games entertaining for the coaches, players, and parents. The rules are also there to maintain the integrity of the game. Please respect the game.

## GAME BALLS

The host field team in 99% of all cases will provide the balls for the games at their field. For independent fields, the first home team will be given the balls for that weekend. 3 balls per game are provided by the league and any amount above is split between the two teams. The team with a \* next to their name is supplying game balls for all the games that day. Mt. Hood League will provide the game balls to the coaches at the preseason coaches meeting.

## PLAYER WAIVER FORMS

All players need to complete the player waiver form on our website. This is for our league insurance policy.

***Any decisions made by Mt. Hood League and it's staff are final. The decisions we make are designed to maintain the safety of the league, the condition of the fields that we are utilizing, and the integrity of the league. We will only use fields that have been previously designated for use in our fall league and will not do anything to abuse these fields. Respect the game and have a great fall season.***